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UNO links up to Nebraska Sex Offender Registry

CYNTHIA VANA
STAFF WRITER

Not since the comedian/serial rapist Vinson Champ attacked a UNO teacher in a computer lab in 1997 has UNO been the scene of a sex crime.

Nebraska is currently taking measures to further protect its citizens from the potential threat of high-risk sex offenders.

The Nebraska Sex Offender Registry Act, which became effective Jan. 1, 1997, mandates a notification process based on a three-tier risk system.

The assessment test, developed by the University of Nebraska Law/Psychology Department, classifies convicted sex offenders into categories based on their risk to re-offend. A level one offender is at a low risk to commit another sex crime. Level two offenders are of medium risk and level three offenders are at a high risk to repeat a sexual crime.

Of all 1,400 sex offenders currently registered in Nebraska, 66 are level-three offenders living in Omaha. All of them are men. No high-risk offenders are currently living, studying or working on campus.

"Living here on campus I feel safe," said Angela Selzle, a resident assistant at University Village.

Selzle, a 19-year-old Spanish and political science major, describes her responsibilities as tending to the wellbeing of the 45 residents living in the dorms. While on duty, she answers calls and complaints ranging from being locked out to alcohol use.

Although Selzle feels safe, she said she has overheard lots of female residents complain about having to walk alone through dimly lit areas.

"I know some of my residents get home from work late or back from going out at all hours of the night," she said. "Due to limited parking, sometimes they have to park up to four blocks away and walk to the dorms - that's a huge potential for sexual offenders to take advantage of our students."

"The male residents, unfortunately, do not seem all that interested in the issue," Selzle said. "For obvious reasons, most sex crimes are against women."

On Iowa campuses,

convicted sex offenders will no longer remain anonymous, according to a Nov. 11 *Omaha World-Herald* article.

On Nebraska campuses, the registry has been in effect since the law took effect in 1997, said Paul Kosel, director of UNO campus security. As of October 2002, an extension of the law mandates that sex offenders on Nebraska campuses will also no longer remain anonymous.

At UNO, campus police have always used some kind of tracking system, Kosel said. "The only difference now is we have to." He explained about finding out if a level-three offender is enrolled, working, volunteering or living on campus.

"If I were a dad with a daughter, I'd want to know," Kosel said.

He also said he wouldn't worry about a son if he had one.

Opinions regarding the sex offender registry law differ widely.

"I don't really think it's much of an issue," said Richard McAuliffe, Creighton University's director of public safety, about how the registry laws effect the campus population.

Although the sex offender registry has been required by law for nearly six years, until this past October sex offenders in Nebraska were only required to register in their hometowns, no matter where they were actually living.

All three levels of convicted sex offenders are now required to register their presence on university campuses.

UNO makes it easy for the campus population to check it out. A link on the campus security Web page leads directly to the Nebraska Sex Offender Registry, where punching in a Nebraska zip code will access a list of offenders, complete with photo, description, address and list of convictions.

Selzle checked it out. She found four level-three sex offenders living in her home zip code area. Although this concerns her, she said she does not fear for her safety.

"The campus is patrolled 24 hours a day and we are a gated community here at University Village as well, with a gate card required for access," she said.



Joey Deloa Davis (right) consoles Yessenia Diaz as she reads a letter to a group of middle schoolers at the Lambda Theta Nu sorority's second annual Latina Youth Leadership Conference. The letter about gang prevention was written by a relative of Diaz's who is in jail.

photo by Chris Machian

Middle school Latinas get a taste of college life at UNO

MARQUITA GOVAN
STAFF WRITER

The members of the Omicron chapter of the Lambda Theta Nu sorority joined in their sorority's national effort to improve the educational opportunities for Latinas on Nov. 22 at the second annual Latina Leadership Conference.

The conference was held on UNO's campus. More than 50 Latina students from Omaha's Bryan

and Norris middle schools attended. The number of Hispanics/Latinos in Nebraska has more than doubled in the past 10 years, according to U.S. Census data. With that growth came the concern for whether the educational needs of Hispanic females are being met. Thus, the sorority became involved in the effort to improve opportunities.

In 2001, the results from a survey of Lambda Theta Nu, Inc. members found that 70 percent felt Latino issues and education were where service efforts should be focused. A study done by the American Association of University Women Educational Foundation also found that Latinas have a lower graduation rate than girls in any other racial or ethnic group. As the nation's leading supporter for equity and education for girls and women, the foundation also found that Latinas have the highest dropout rate and are the less likely to earn a college degree than those in any other group.

This year's conference held workshops on self-esteem, cultural pride enhancement, higher education attainability and gang prevention, keeping with conference's mission statement of

providing a safe, fun and educational environment in which young Latina leaders could learn and grow.

Zandra Mora, keynote speaker, said: "You can be everything you want to be right now. Start being good in every way right now, including being a student." She encouraged young Latinas to reach their potentials.

Elenissi Gutierrez, a seventh-grade student at

Norris, was happy she attended the conference. She not only liked the fact that the conference taught her how to plan ahead, but also that the sponsors shared their life experiences of what they go through every day as students and Latinas, she said.

"They've been through

stuff and they don't want us to go through it," Gutierrez said.

Gutierrez also attended the Gang Prevention Workshop, where she learned not to do drugs, join gangs or skip school, she said. The No. 1 thing she said she learned was "not to screw up my life, because I could end up in jail or dead."

The conference had dozens of sponsors and facilitators as well as volunteers from both the community and members of Lambda Theta Nu. Soña James, a senior Spanish major and member of Lambda Theta Nu, volunteered to help with the conference. James hoped the students who attended would be inspired and see that they can succeed and there is something out there for them.

James also said the conference might have been some of the students' first exposure to higher education.

"There are greater things they can accomplish and there shouldn't be anything that could keep them from accomplishing their goals," James said.

They've been through stuff
and they don't want us to go
through it.
Elenissi Gutierrez, seventh
grade student

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SPORTS

Slimming down before the semester comes to a halt

KACIE GERARD
STAFF WRITER

It is one of the greatest myths to plague a college campus – the freshman 15.

The freshman 15 is the extra 15 pounds a college freshman supposedly gains after his or her first year at school. It is usually due to excessive drinking, late-night snacking and lack of exercise.

Not everyone succumbs to those extra few pounds and if one has, there are many ways to take them off.

With the semester break coming, Karen White from Western Carolina University offered some tips in an online article on how to avoid those 15 pounds before it is too late.

Tips for fighting the freshman 15 include being conscious of how much soda and tea

one drinks; drinking more water; including more fruits and veggies in one's diet and watching the intake of alcohol.

On her Web site, White said, "A six-pack of beer a week can add over a pound a month – that's 12 pounds a year."

For late-night binges, she said to substitute pizza and tacos with healthy snacks bought at the store.

Instead of gaining weight, Joanna Ziemba, a UNO student, said she actually lost weight her first semester.

"I ate like I normally did," she said. "I was just busy more so with school and my job."

At the time, Ziemba was working at a child care center, which kept her pretty busy.

One of the most important tips White offered is to "move more." She said everyone should aim for 30 minutes of aerobic exercise

three times a week.

Here at UNO, students can use the Health Physical Education and Recreation building for all their workout needs. Students pay for their use of the facilities in their student fees.

HPER has a weight room, pool, track, cardio classes and much more to be taken advantage of.

Ziemba said that she's notice some of her friends pick up a little weight because they didn't watch out for those hidden calories that sneak up on you.

White also recommends watching what one eats. This doesn't mean one should be an obsessive calorie counter, just make wise choices.

For example, when students eat at the Food Court in the Student Center, they can

maybe opt for the salad bar or the fresh sandwiches instead of pizza or taco salad.

Substituting french fries with a baked potato minus the sour cream is also a good idea.

Instead of a bagel and latte for breakfast, go for some oatmeal and juice or even an egg white omelet, if you have time to whip one up.

"If you enjoy eating, then eat," Ziemba said. Although, she also said that students should eat wisely.

The UNO cafeteria has free water all day long. Include that instead of a soda for a meal time drink or to quench thirst during the day.

Taking little steps like these can help make the freshman 15 more of an urban legend than a reality.

"I wouldn't worry about it so much," Ziemba said. "Just be yourself."

University Library offers students chance to return books

BETH FLYNN
SENIOR STAFF WRITER

The University Library is making an offer students can't refuse.

For this week only, any overdue library items may be returned at no extra costs. However, items that are returned any time after Saturday will have customary fines charged.

The purpose of this amnesty period is to give students a chance to find any library items that were not returned and turn in overdue items with no late fees to pay.

"It's a goodwill gesture on the part of the library," said Dorothy Willis, chair of public services. "We're hoping that library users will reciprocate by returning library materials."

Willis says other libraries she has worked at have offered a fines amnesty. In the past, she says it has been very successful. She hopes this one, UNO's first, will be just as successful.

Willis said: "The Library Dean, Jan Boyer, has wanted to have an amnesty period for some time. I've found it to be a very successful way of getting overdue materials back to the library, so we decided to offer UNO students an early holiday gift."

Through this amnesty period, University Library's primary goal is to receive the materials the library has lost so other users may have the opportunity to use them. Willis said people are more likely to respond favorably to an opportunity offered to avoid fines.



photo by Chris Machian

UNO's University Library hopes to get back items it has lost during this week's amnesty period.

"I encourage everyone who uses the library to check their library account for overdue materials and return them during the week of Dec. 1-7," Willis said.

Students can check their accounts by logging on to <http://genisys.unomaha.edu> and clicking "Your account (renewals)." From there, students can log in with their name and the barcode from their student I.D. and they will be able to see whether they have any late fines.

News from around campus

JOSIE LOZA
NEWS EDITOR

Teaching UNO pride

Jeff French, the Vamer Professor of Psychology and Biology at UNO, will present the next lecture in the "Take Pride in UNO" series today. The event will be held from 9 to 10 a.m. in the State Room of the Milo Bail Student Center.

French's presentation is based on his current research activities with marmosets at UNO.

"Take Pride in UNO" is an advanced orientation training series sponsored by Human Resources department. To register or for more information, call 554-3665.

Video killed the radio star

UNO Television will offer two sessions of a seminar titled "Elements of Multimedia Production" today in the UNO Television Studio. The studio is located in Room 001 of the Engineering Building.

The session is 90 minutes long and is a hands-on seminar designed to improve the participant's video and audio recording skills. It will cover small format video camera tips, lighting suggestions, recording better audio and shooting video to make editing, compressing and streaming easier and

more effective.

The sessions will be held from 10:30 a.m. to noon and from 2 to 3:30 p.m. They are designed for faculty or staff involved in developing distance education materials, archiving lectures or recording class projects. Those who would like to attend should contact Gary Repair at 554-2516 or grepair@mail.unomaha.edu.

Book fair for all the little people

University Library will host the second annual Scholastic Children's Book Fair today from 10 a.m. to 6 p.m. The fair will continue Dec. 4 from 10 a.m. to 5 p.m.

A variety of items will be available for purchase, including children's books, holiday titles, instructional materials, educational games, videos and toys.

Shoppers who wish to support the literacy efforts of the Open Door Mission and the Indian Chicano Health Center's Reach Out and Read Program may purchase books specifically for those organizations.

Proceeds will benefit the library's juvenile book collection. For more information, contact Melissa Cast at 554-3130.

Scribble in your books

The Nebraska Book Arts Center at

UNO will host a holiday open house Tuesday, Dec. 5, at 4:30 p.m. in Room 124 of the Weber Fine Arts Building. "Today, the art of making original works is alive and well at UNO through the center's continued efforts," said Denise Brady, coordinator of the center. "Many new books and broadsides by regional book artists and fine presses will be featured."

For more information about the Nebraska Book Arts Center, call 554-2773.

Get into wet paint

Discounted memberships to the Joslyn Art Museum are now available. All UNO students are eligible for a discounted individual membership of \$25. Family memberships are available for \$50. To join, call Joanne Sowell at 554-3762 or jowell@mail.unomaha.edu.

Exhibit features four

The Fall BFA Thesis Exhibition is currently on display in the UNO Art Gallery. The work of four UNO students is featured: Jessica Chapman, drawing; Adam Findley, painting; Greg Laakso, sculpture; and Kris Peterson, painting.

The exhibit will run through Dec. 20. The Art Gallery is located on the first floor of the Weber Fine Arts Building.

Stay Informed!

Check our Web site at
www.unogateway.com for
breaking news updates.

Correction

The Gateway incorrectly reported in the Nov. 22 edition that the stage manager of the Angels in America production is Angie Morrey. Her last name is Moy, not Morrey.

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Firozen Dehghanpour, a UNO student from Iran, was murdered in August of 1983. Witnesses at saw her in a UNO parking lot talking to someone in a dark colored Corvette. Her murder still remains unsolved today, almost 20 years later.

UNO student's murder still mystery almost 20 years later

MARION RHODES
STAFF WRITER

After 19 years, many questions remain unanswered about the circumstances of the murder of Firozen Dehghanpour.

Little more than the most basic facts are known about the incident.

Dehghanpour, a 24-year-old UNO student from Iran, was found nude on Aug. 14, 1983 under a bridge near Pigeon Creek, five miles north of Council Bluffs, Iowa. She had a cut throat and several abdominal stab wounds.

Fishermen discovered her body after she had been missing for a day. Dehghanpour disappeared the night before after her evening classes at UNO, where she was last seen around 9:40 p.m. at the IBM Computer Center.

According to an Omaha Police Division Special Homicide Bulletin published in the Sept. 2, 1983 issue of *The Gateway*, a witness allegedly observed Dehghanpour talking to

someone in a dark colored Corvette in a UNO parking lot after she left the computer center.

"It is believed Firozen was murdered at an unknown location and her body was taken by motor vehicle to the secluded area and concealed," according to the bulletin.

Investigations at the time showed she had not been sexually assaulted. This was surprising because the body was found nude, Sheriff Mike Kerns told the *Omaha World-Herald* in 1984.

This only raised more questions. Police had neither a motive nor a suspect.

Ken Merkel, a professor of industrial systems technology at UNO and Dehghanpour's technical writing professor, said the general assumption at the time was that some kind of political motive was behind Dehghanpour's death.

In the 1980s, Iran was troubled with political unrest and the country was undergoing a revolution to

change leadership. Since Dehghanpour was a member of the left-wing Iranian political group Fadayan, speculations were that her death might have had overtones of a political intrigue.

"People were desperate for theories," Merkel said. "I don't know that there were many alternative theories. It didn't appear that this was your standard abduction and slaying because of the viciousness of it."

However, Dehghanpour was not known to be very outspoken about her political beliefs and investigators found no evidence that would indicate her death had any political connection.

Whether it was politically inspired, the brutal murder of Dehghanpour caused fear among the 400 to 500 Iranian students at UNO in 1983. Merkel said Dehghanpour's roommate, a woman from Kuwait, left shortly after the incident.

"She was gone in a flash, she was

see MURDER, page 11

How to live with hypoglycemia

JOSH HARPER
STAFF WRITER

Edward Krimmel suffered most of his life from aches and pains, mood swings, confusion, irritability and periods of low energy. Diagnosed at one time or another with everything from food allergies to clinical depression, he watched in dismay as his physicians' remedies did little to cure him. But one day he bought a book he says changed his life forever.

The book, called *How to Live with Hypoglycemia*, Krimmel says, was the first time he'd seen a description of all of his symptoms.

"Lo and behold, it sounded like they were writing about me," he said. "I couldn't believe my eyes."

Krimmel was not suffering from depression. He was not allergic to any foods. He did not have an over-active thyroid or a sinus infection. None of his doctors' diagnoses were correct.

Krimmel discovered he had hypoglycemia.

He and his wife, a registered nurse, subsequently spent their free time researching the subject of hypoglycemia. What causes it? What are the symptoms? What can be done about it? Together, they wrote a book called *The Low Blood Sugar Handbook* and a companion book, *The Low Blood Sugar Cookbook*.

In their books, they describe the symptoms and causes of hypoglycemia. They also explain, in great detail, a strict dietary regimen they developed to help people control their blood sugar levels.

According to their book, hypoglycemia, like diabetes, is generally caused by a malfunction of the pancreas. In diabetics, the pancreas fails to secrete enough insulin. In hypoglycemic persons, the pancreas produces too much.

The pancreas is the body's sugar-level regulator. As a person's body digests food, it breaks it down into sugars. These sugars are used by the person's cells and organs for energy. As the concentration of sugar in a person's bloodstream rises, the pancreas

secretes insulin. Insulin causes cells to absorb the sugars, removing them from the bloodstream. When too much insulin is released and the level of sugar in the blood drops too low, a person will become hypoglycemic.

Sugar is the energy the body uses for power. It's like electricity to your household appliances. Unplug an appliance or device while it's running. What happens? Some devices, such as cell phones and most electronics, will continue to function because they use batteries as backups. The batteries power the device until the next time you supply them with electricity.

Other devices, such as stereos and televisions, will abruptly stop working.

Dropping blood sugar levels too low is a lot like pulling the plug on the machine we call the body. When sugar is not immediately available, some organs of the body, such as the liver, kidneys, lungs and heart, have sugar stored away for future use. Like a device with batteries, they will continue to function until the next time an energy source is available.

However, other organs — the eyes and brain especially — do not have the ability to store energy. They rely on the availability of sugar in the blood to function properly. When the energy supply is removed from these organs, they cease to function properly.

Because the brain controls the rest of the body, slowed brain function can manifest itself in a number of ways. Persons who experience low blood sugar may feel dizzy or light-headed. They may become forgetful, tired, psychologically depressed or physically weak because the brain is starving for energy.

They will usually be irritable, frustrated and stressed because, while their brains are slow to process new information, they are acutely aware of the condition. Like people who are drugged, they know their minds and bodies are not functioning properly. They just do not

see LIVE, page 11

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Time for getting engaged is now, study finds

ERIC EDWARDS

THE OMAHA SENTINEL

I've been looking over my shoulder all month.

Normally, I'm not a very nervous person, but a scientific study recently released by Korbel has me a bit concerned.

The same company that made you so crossed-eyed drunk last New Year's Eve that you broke up with your girlfriend and made out with the neighbor's poodle has been researching romance.

The great minds at Korbel, not content with ruining Jan. 1 for me every year, have taken a poll and determined that one-third of all engagements take place in the last three months of the year.

In light of this information, I am very fortunate to have made it through so many years without having proposed to anyone or having anyone propose to me. But since one can't be too careful when it comes to one's freedom, I have been steering clear of jewelry stores and keeping an eye open for women who approach me in the presence of the clergy.

I'm still single, so whatever I'm doing seems to be working.

But many guys out there are not as cautious as I am when it comes to dating. Some men are discovering that even after years of treating a woman like royalty, they are still expected to pop the question, and this can be a scary thing.

Your average man who tries to become engaged has two fears. One is that the woman will say yes and his days as a fun-

loving, free guy are over. The bigger fear is that she will say no, and he will spend the rest of his life as a rejected shell of his former fun-loving, free self.

Part of a man's fear stems from his relative inexperience with such matters. Unlike women, we aren't raised on Julia Roberts movies and Oprah so we are not exactly sure what qualifies as romantic these days.

If left to his own devices, a man will buy the biggest ring he can afford, slap it on his girl's finger and say "How about it?" When faced with this kind of presentation, most women will say "No!"

Knowing this to be true, Korbel has compiled a list of dos and don'ts to assist us men in our time of need.

Since Korbel is the maker of an alcoholic beverage, the implied first rule is to have a few drinks.

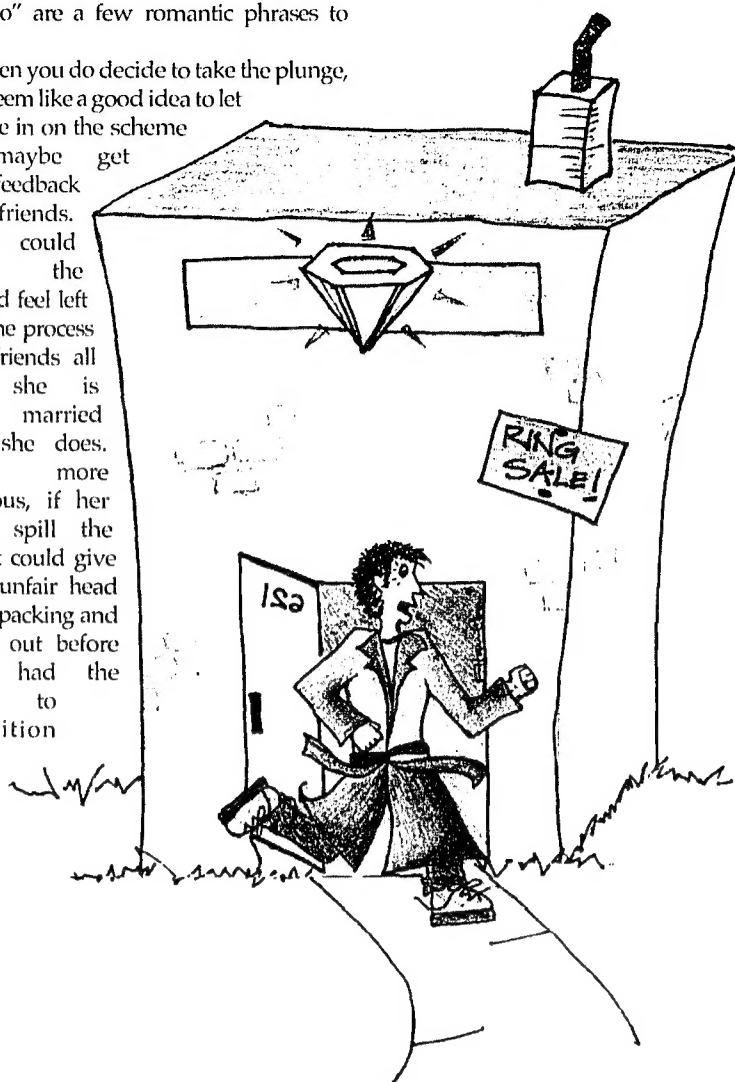
But since Korbel knows it's more profitable to sell cases of bubbly to wedding parties than to sell individual bottles to poor jerks whose girlfriends tell them to take a hike, they also have some legitimate advice.

One of the biggest mistakes men make is trying to get engaged on holidays. This is particularly true of men who feel the need to propose on April 1. But even proposing on a romantic holiday such as Valentine's Day is inadvisable — the girlfriend may get a sneaking suspicion that the boyfriend is trying to consolidate gift-giving occasions.

Korbel also suggests paying close attention to the popping-the-question language: "We're not getting any younger," "I've sowed my wild oats" and "I guess

you'll do" are a few romantic phrases to avoid.

When you do decide to take the plunge, it may seem like a good idea to let everyone in on the scheme and maybe get helpful feedback from friends. But it could make the girlfriend feel left out of the process if her friends all know she is getting married before she does. Even more dangerous, if her friends spill the beans, it could give her an unfair head start on packing and moving out before you've had the chance to proposition her.



Attn: Jewish Students

Beth Israel Synagogue invites you to a Traditional Family Shabbat Dinner

Friday, December 13, 6:00pm at the
Jewish Community Center, 333 S. 132nd St.
Kabbalat Shabbat services will be at
4:30 at the JCC.

Gefilte fish, matzo ball soup, roasted chicken, oh, my!

This dinner is **free**.
Reservations are appreciated.

556-6288 or <BethIsrael@novia.net>

Beth Israel Synagogue, affiliated with the Union of Orthodox Jewish Congregations of America, strives to perpetuate the legacy of Torah Judaism in the modern world. Beth Israel welcomes all persons of the Jewish faith to join.



Black studies professor has a beautiful mind

TOM CENTARRI

STAFF WRITER

What does it take to learn from a mistake and grow in the process? How do you gain wisdom and make decisions on things that are controversial or that may make or break your future?

Ellen Madison-Holts, an Introduction to Black Studies instructor, says: "Just keep breathing and keep living."

Many of Madison-Holts' students find her simple approach to life refreshing. She says some of her greatest accomplishments in life are "being alive and having a desire to learn."

The educator was born in Wichita, Kan. When she was 6 weeks old, she moved to Omaha, where she resides now. She has two sisters and three brothers.

The former social worker is working toward her doctorate degree and would like to continue teaching in the future.

When students ask, "Is our world OK?" and "Should we make any changes?" Madison-Holts says, "Yes and yes."

"Everything starts with you," she says. "You must love yourself before you can accept others. The world has a tendency to keep the mindset of conquering others, people, love and jobs."

Madison-Holts says we should love ourselves and the things around us and not take things for granted, including our

education — she feels we are blessed with an education and we should cherish this and embrace it like ourselves.

"UNO was my mother's school and now mine," she says. "I've received degrees from here and it has made me who I am today."

In her spare time, Madison-Holts likes to collect African artifacts, garden and watch her favorite TV shows, *Trading Spaces* on TLC and *Changing Rooms* on HDTV. But first and foremost, she likes to do construction work. She has laid four ceramic floors in her house, painted and will take carpentry classes this summer to enhance her skills. These skills will help her to reach her goal of rebuilding an old house.

"In the future, I plan to purchase an old house which has an old building structure to it and just rebuild it," she says.

Madison-Holts has some advice for those trying to reach their own goals.

"People that make it in the long run defy peer pressure," she says. "I have outlived peer pressure."

And for those looking to find their calling or niche in life? Madison-Holts says, "Use both sides of your brain and be true to yourself."

Madison-Holts' students think she has a beautiful way of living and mentoring, but most of all, a beautiful mind.

UNO INFORMATION PHONES

For your safety and convenience there is at least one **CAMPUS PHONE** in each major building.

- **Campus Security**
- **Faculty & Staff locations**
- **Campus phone numbers**
- **General information**

***The information operator is ready to assist you. You can also stop by the information window in Eppley Administration Building for information, free notary services, schedules, brochures, etc.**

Campus Security can be reached at x4-2648 from all campus phones.

You can also call 911 or Campus Security at (554-2648 or 554-2911) from 33 campus pay phones FREE.



Comments? Concerns? Complaints?

Write the editor at
editor@gateway.unomaha.edu

The bird is not the turkey, the turkey is thee

Thanksgiving is come and gone, and so have an appreciable number of turkeys.

The holiday gives the average American an opportunity to do what his "humble" conscience may probably berate him for doing — give himself a jolly good pat on the back for his brave journey to the New World, his God-ordained mission to "civilize" the New World, the Old World and the outer world and to revel in his place of admiral on the ship of Western Civilization as it sails the murky waters of international politics.

I mean, for a country that goes through most the year being criticized, assaulted and schemed against in the shadowy places of the earth, Thanksgiving surely must offer a time out for Americans to relax, look back on the "great deeds that have been done," bemoan the dreadful state the rest of the world is in compared to Uncle Sam's own "Hanging Gardens," deplore conditions in the Middle East, Russia, Africa and Western Europe and then, with the air of the messianic philanthropist, resolve to march across the Atlantic, the Pacific or the Sahara to smack the natives on the behind and teach them how to behave.

It's all well and good, I suppose. What human does not really want to cast off the hypocritical air of self-deprecation that a mindless society forces him to adopt and boldly stand on the podiums of the earth reveling in his goodness, bravery and invincibility? Whether he thanks God for it is irrelevant. The issue is that thanks addressed to a God imperceptible to the senses might very well be addressed to oneself because they serve no other purpose than to announce to the world "how great we've got things." Whether that is immoral is another issue. I for one don't think it is.

But then, the members of this swirling mass of humanity, this human race must stop and think. Its honorary members, its life patrons and its emperors should take a little time out for some cogent reflections.

Over the holidays, terror attacks occurred in Kenya (again) and in Israel (yet again). Several people lost their lives, prior to that, as religious fundamentalists took to the streets in Nigeria to decry the "heinous idea" that "a parade of nudity" such as the Miss World Beauty pageant could be held in their "abode of sanctity." Each of these incidents cost people their lives. In the face of such glaring disregard for human life (in one part of the world) and the spirit of the season (in another

Coming to America



Fisayo Adejuyigbe

part), one cannot help but marvel at the infinite contradictions of "the human race."

What human race is there? None. An "inhuman" race would probably be a better concept to capture the state of things. If "races" are defined by some so-called "unifying factors," then there is no human race. Sure, there is a biological "human species" but the

"race" thereof is definitely inhuman. The wishful "we are one" song of the dogooder is commendable, but it has never had its basis in reality. There are those who don't want to be "one," will not be "one" and couldn't be "one" even if the rest of the world tried to make them. Has the race ever been united in any sense whatsoever?

Yes, evolutionists may tell us, but their extrapolations into the distant past do no good for the history modern man has had to live with and it probably never will. People have, for as long as people can, remember Thanksgiving mixed with terror, Christmas with crises, New Years with genocides, the resolutions thereof being ones of war.

"Can't we all just get along?" is the plaintive cry of some. Yes, is a doubtful answer to that and not because we don't want to or because we lack the power but because apparently inherent within the human person is the centrism that produces racism, terrorism, classism, sexism and all the other -isms that most accurately define the "human race."

Are we then forever doomed to live an existence that is always at odds with our neighbor? Again the answer is no. People in their little social groups can really make this earth seem like the Garden of Eden. However, the bigger the group, the bigger the chances for conflict and when the group is a nation, conflict is inevitable.

We all have things to be thankful for in our own private capacities, however, from the very first Thanksgiving to this one, a cursory glance at the books of "Human Race, Inc." most clearly reveal the consistent debauchery, idiocy and greed in which the greater "we" have conducted our business.

Indeed, from the divine viewpoint, the thanks giver who looked up to heaven to "give thanks" for the turkey about to be consumed might well hear from the realm of the pearly gates, a message to all of our "human" kind — "The bird is not the turkey ... the turkey is thee."

Fisayo Adejuyigbe can be contacted at comingtoamerica@gateway.unomaha.edu

Should Americans be more sympathetic to obese people?

Just how much should we blame people for being fat? Nowadays, apparently, not very much at all.

Last week the New York Times ran a story about two New York teens suing fast-food giant McDonald's for allegedly making them fat.

Jazlyn Bradley, 19, and Ashley Pelman, 14, are attempting to sue McDonald's on the grounds the restaurant did not provide the necessary information about the health risks associated with its meals.

Attorney Samuel Hirsch, who is seeking damages for the girls' obesity, represents Bradley and Pelman. If the suit sees trial, Hirsch plans on turning the suit into a class action on behalf of all fat New York children who have suffered "health problems" from eating at McDonald's.

Talk about biting the hand that feeds you. These chicks want the whole arm.

I'm not prejudiced against obese people by any means. I struggled with serious obesity all through junior high and high school. I know first-hand the negative effects obesity contributes to, like low self-esteem and being figuratively shunned from society.

I've been there and I've risen out of it — somewhat, at least.

At 17, I decided I didn't want to be fat

Manic Digression



Josh Bashara

anymore. I was tired of being made fun of all my life and having girls not give me the time of day. So the summer before my senior year, I made a commitment to myself to lose weight and got "hardcore."

I ran at least two miles every night, virtually starved myself and developed a loving relationship with a drug called ephedrine to boost

my metabolism and curb my appetite. Not the healthiest way to lose weight, I admit. But I lost 55 pounds that summer. When I went back to school my senior year, some of my classmates barely recognized me.

So now that I've somewhat verified my claim about not being prejudice against fat people, I'm forced to proclaim, "Get off your ass and work for what you want!"

I can barely believe the audacity of these girls and their quest to get something for nothing. If they win the suit, they will most likely be awarded some ungodly amount of money that will not make them any thinner, but will just contribute to their sloth-like pursuit of self-indulgence even more.

Have we no self-accountability

see OBESITY, page 11

THE GATEWAY Since 1913
UNomaha's student newspaper

Editorial and letter policy

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Opinions in columns and letters to the editor do not necessarily reflect the opinion of The Gateway staff or the publications committee.

Letters to the editor will be selected for publication on the basis of timeliness, clarity and available space. The editor reserves the right to edit all letters for publication.

Letters must be signed using the writer's first and last names. Letters must include the writer's address and phone number for verification purposes only. Letters to the editor exceeding two typed pages will not be considered for publication.

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Super. By the way, my wife was hoping that you'd bring our luckaballs with you, a little with the two paper bags of ransom money we gave you for their safe return.

I don't know what to say, Sir. I've worked for you for over ten years, and I always got the feeling that you hated my guts.

Gosh, Sir. How could I dare say "no" to such a gracious invitation? Of course I'll be there.

I suppose I could. I was going to wait until they healed up a bit from the grisly damage those pit-fighting lemurs inflicted on them at the "Battle of the Exotic Pets" regional playoffs I entered them in last weekend.

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Horoscopes

PREDICTIONS BY
MADAME ZORA

Sagittarius (Nov. 22 - Dec. 21)

Lately life seems to look dull. It's not your mood, it's your glasses. For the love of Pete, clean them.

Capricorn (Dec. 22 - Jan. 19)

Life lesson #9.0: It's better than 8.0.

Aquarius (Jan. 20 - Feb. 18)

Pass the peanuts.

Pisces (Feb. 19 - March 20)

Bring back the magic in your life. Rent *Mary Poppins*.

Aries (March 21 - April 19)

I like Doritos and Fritos and burritos, everyone sing along.

Taurus (April 20 - May 20)

Work on self-improvement this week. Use shampoo.

Gemini (May 21 - June 21)

This week is Anger Management Week, but since you're in denial about your anger, it won't do you any good until Denial Week comes around.

Cancer (June 22 - July 22)

Present a present to your present love.

Leo (July 23 - Aug. 22)

Shower your Secret Santa with elaborate gifts of chocolates and money and on the last day send them a box full of coal for the laughs.

Virgo (Aug. 23 - Sept. 22)

Can I get a "hallelujah" or an "amen"? OK, how about a "what's up?"

Libra (Sept. 23 - Oct. 23)

Leave little notes of friendly encouragement around your co-workers' cubicles. For example, "You suck," or "What's up with your hair today?"

Scorpio (Oct. 24 - Nov. 21)

Mmm. Fried cheese.



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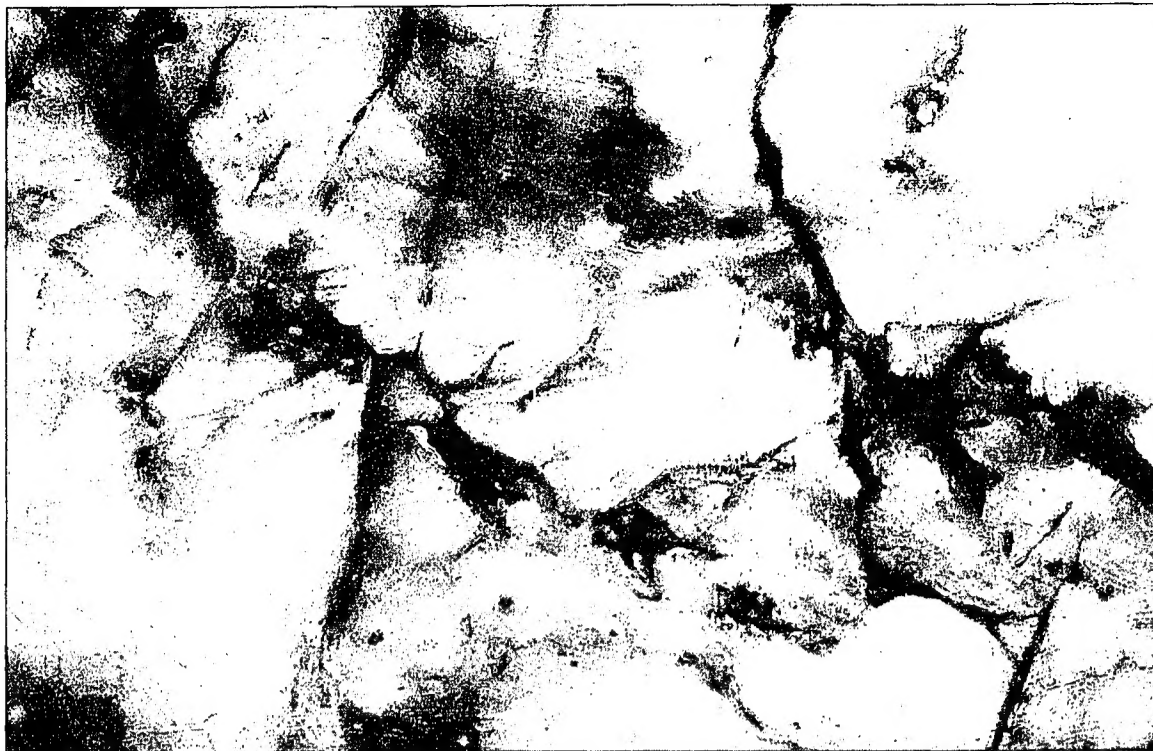
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courtesy photo

The Fluxion Gallery is showcasing "Fracture," a series of works by artist Sunny Gibbons, now through Dec. 21. The gallery is located at 12th and Harney streets in the Old Market.

'Fracture:' A breath of fresh air

REVIEW BY
NICK ROWLEY
STAFF WRITER

"See, this one is my favorite. Right there's a guy in the forest, and he's holding a wineglass, but in the other hand he's got a sword. He's trying to decide if he should have another drink or cut his hand off to stop himself."

This analysis given by a Fluxion Art Gallery employee known only as James serves as a fine representation of both the expertise of the workers and the environment that can only be found at this rare gem of a gallery.

Fluxion, located on 12th and Harney streets in the Old Market, is not the average museum-esque observe-and-admire art gallery you may be used to. Rather, it's a vehicle for finding owners for the art on exhibit.

"If artists are going to make serious works, they need to be able to focus on

their craft and not have to take a side job as a roofer or grocery clerk. This gallery is devoted to selling these pieces so that the artists can continue doing what they love," says Doug Dushan, owner of the gallery.

Dushan, a UNO alum, has a political science degree, which forces one to ask, "How do you make the transition from political science major to director of an art gallery?"

"My background in politics allowed me to see the need for a stronger business side in terms of the occupation of 'artist,'" he says. "As far as why I did this here, I think I am right where I should be. Omaha is on the very cusp of greatness and just needs that little nudge to push it over. I'm, in a way, trying to give that nudge its own nudge."

In a way, Sunny Gibbons is doing the same thing. Her new series of works, titled "Fracture," which runs through Dec. 21, is an attempt to get away from

the stuffy metaphorical pieces. "Fracture" is a reference to the "cracks and fissures in today's works," Gibbons says in a prepared statement. "Due to the irony of their works being organic even though the materials used to make them are man made and synthetic, [she] has decided to create works that are literal and real."

Each piece has its own earthy feel to it and a vivid, natural title (i.e. *Pulse*, *Shadow*, *Rise*). One of the most "real" of all the works is *Pulse*, which can only be described by saying it stays true to its name. It is a depiction of human blood cells rushing through the blood stream. No metaphor here, *Pulse* is a pulse.

It is this simple yet unique idea of cutting through the red tape and following the example of "what you see is what you get" that makes "Fracture" and Fluxion gallery two simultaneous breaths of fresh air into the artistic lungs of Omaha.

Sokol opens door to underground music scene

HOLLY LUKASIEWICZ
STAFF WRITER

It may take your azure ray-ridden bright eyes a little time to adjust to the hazy good life awaiting you in Sokol Underground, a basement venue barely lit by the faint glow of red chamber-like lights cuter than your name scrawled in cursive as a fourth grader, a time when racing for the title of relay champ was most stressful. Yes, let the music and the good times roll, for you are literally immersed in an underground slice of music, people-watching and cheap beer.

If curious, *Sokol* is the Czech word for "falcon." The stone building at 13th and Martha streets nests two of the best concert venues this town has going for it: a glamorous upstairs auditorium for larger shows, such as Omaha rock-n-roll's recent saving by The Strokes and a more intimate joint downstairs for the more intimate, obviously.

Sokol is to Omaha what CBGB is to NYC; it's home to the music you may not care about today but will be plastered on your *Spirit* in a year or two, as evidenced by the now famous bands of Omaha's Saddle Creek label.

Most shows bring in a healthy supply of fans, ranging in age from too-bad-you're-15 to you-could-be-my-dad. This serves for some of the most fascinating concert experiences ever, hence the time a friend was inadvertently swept into a dispute-of-sorts with an older gentleman sporting a fro of rainbow-colored locks.

Seated at one of the table settings framing the room, if you can snatch an empty chair, is often fine vantagepoint for catching these freak moments of bliss. Otherwise, there's plenty of standing and floor seating throughout.

Evenings get more surreal after the token swish of alcohol and performing starts. From swinging mic stands and crashing bottles to fire-spewing drummers and sh-t-talking lead singers, each band has its own way of setting the tone for its performance. Whether it's oscillating skulls on fire, speckled Christmas lights or a ring of round UFO-type lights, this is the opportunity the crowd has waited (and paid) for and the musicians often live for.

First song chords are played intermittently as band mates laugh and sound check commands are thrown into the mic until it's just right. Once the music fills the dingy basement, the intimacy of the setting comes to life. People puff motionless, mesmerized possibly, while others bob, bounce, sway and slide — the way music makes anyone do.

Once your new favorite band finishes and the next begins set-up, lights arise for a casual mosey toward the back for another drink or to purchase T-shirts, pins, posters, CDs and records, often sold by the band members themselves. Toilet beckonings serve a fine dose of stall philosophy by visiting word smarts.

For what Sokol offers in the area of music, it's not your typical Ticketmaster concert, which is all the more reason to support its promoters and performers. It exists because there's so much more happening in the realm of music for anyone to limit their taste to spoon-feedings of commercialization.

Check out the next show at Sokol (held upstairs) on Dec. 14 with The Get Up Kids and Hey Mercedes, two bands brimming with cute emo-stricken boys who are sure to provide an evening of energy-driven music. Visit www.sokolunderground.com, www.onepercentproductions.com or call 346-9802 for more information.

Gateway quiz: How will I do on finals?

BEN COFFMAN
STAFF WRITER

Finals week will soon be here again.

It is a time of foreboding, anxiety, all-night cram sessions, record-breaking caffeine intake, poor sleep and scary dreams involving public nudity. It is a time when young students' minds turn to thoughts of book redemption, Christmas, grades, bad grades and worst-case scenarios. It is a time of ambivalence that can only come from high-stress situations in which the lemonade flavor of self-doubt mixes with the toothpaste flavor of optimism, leaving a horrible taste in the young student's mouth.

Fear not, faithful Gateway reader — the following is a quiz designed to ease the diligent student's troubled mind and spur the slacker to studious action.

1) The verb that best describes my studying technique is:

- a. soaking
- b. absorbing
- c. cramming
- d. praying

2) Test-taking experts agree:

- a. when taking a multiple-choice test, always guess the same letter.
- b. when taking a multiple-choice test, always make a cool design.
- c. when taking a multiple-choice test, always leave the answers you don't know blank.
- d. when taking a multiple-choice test, do not look to *The Gateway* for good testing advice.

3) I would best describe my notes from the semester as:

- a. complete — I didn't miss a single class.
- b. mostly complete — I only missed a couple of classes.
- c. Incomplete — but I can get the rest of the notes from a classmate.
- d. I didn't think we were required to take notes in college.

4) I've got a memory:

- a. like a sieve.
- b. like a funnel.
- c. like a goldfish.
- d. like a strip of bacon.

5) I am able to concentrate on my studies for:

- a. long periods of time (three or four hours without a break).
- b. fairly long periods of time (two to three hours without a break).
- c. short periods of time (about an hour without a break).
- d. about 30 seconds at a time, thanks to the incredibly short attention span a lifetime of

commercial television viewing has blessed me with.

6) Studying is:

- a. both fun and interesting.
- b. a means to an end — that diploma and a great career!
- c. kind of boring but I can get it done.
- d. when you open the book and write stuff down — or something like that, right?

7) My motto when it comes to studying for finals is:

- a. Why put off 'til tomorrow what I can do today?
- b. I've got more studying to do than I can swing a dead cat at!
- c. Less is more.
- d. Studying is for suckers and halitosis sufferers.

8) Graduation is:

- a. right after finals week.
- b. next year sometime.
- c. still a few years off.
- d. in my dreams.

9) When I have bad dreams about school, they usually involve:

- a. not being prepared for a test.
- b. being back in high school.
- c. being naked in an auditorium.
- d. having to attend class.

10) My study methods involve:

- a. Taking short breaks every hour to recharge brain function and getting a good night's sleep.
- b. Drinking short beers every hour to numb the anxiety and getting a good night's sleep.
- c. Drinking tall beers every hour to numb the anxiety and staying up late to study.
- d. Drinking tall beers every hour to numb the anxiety and then showing up for the test completely hammered because I started drinking/studying early the morning of the test.

All right, academicians, score yourself four points for every "a," three points for every "b," two points for every "c" and one point for every "d." Now, add those points together. Yes, you can use a calculator if you want. Now look here ...

41+ points — You're a liar.

31-40 points — Nothing will be standing in your way this semester. You are a well-oiled, fine-tuned test-taking machine. Now hop on the highway to success and put the pedal to the metal.

21-30 points — You aren't doing so bad.

11-20 points — You're doing bad.

10 points — You're doing really bad.

0-9 points — You can't even add right.



Headmaster Woodbridge (left), played by Edward Herrman, and Mr. Hunert, played by Kevin Kline, disagree on how to handle a troubling situation.

Emperor's Club — It makes you think

REVIEW BY
JESSICA CHARDOULIAS
STAFF WRITER

From the previews, one gets a sense that *The Emperor's Club* is possibly a parody to the acclaimed *Dead Poets Society*.

But in *Dead Poets Society*, John Keating (Robin Williams) fought to inspire his students to hold fast to their identity and follow their dreams. However, in *The Emperor's Club*, William Hundret (Kevin Kline of *Life as a House*) strives to instill a sense of honor and virtue into his pupils. In his memorable style, Kline teaches about truth and friendship.

Set in the early '70s, this film follows the 30-year relationship between Kline and one of his sometimes formidable, sometimes loveable pupils, played by Emile Hirsch (*The Dangerous Lives of Altar Boys*). Hirsch, part of the elite upper crust of American society, quite painfully teaches Kline a lesson about failure and success.

This movie makes no attempt to sugarcoat the truth — sometimes one must fail

in order to see the bigger picture of success. Compassion and high hopes intertwine with the reality that many people put off virtue today and honor tomorrow with the supposedly noble intentions of waiting until the pocketbook is overflowing to embrace morality.

Kline's ever-powerful presence dominates the film. Hirsch and his comrades make the screen shine with their youthful radiance. Supporting actors Embeth Davidtz and Rob Morrow add in a much-needed romantic tie and friendship for Kline, but their characters seem a bit too undeveloped, lacking any sort of tangibility.

The film looks and feels like a production of Hollywood, yet lacks the traditional red carpet ending. Leaving the viewer with a look into reality and the forces that drive the common man, *The Emperor's Club* successfully prods continued thought — something most blockbusters don't even attempt to do.

Rating: B+

Holiday exhibit in the garden

REVIEW BY
KELLY MCCOY
STAFF WRITER

Amid the hustle and bustle of the holiday season, it becomes easy to forget the joy and peace that are supposed to be associated with this time of year.

To combat the frenzied pace, Omaha's Lauritzen Gardens has prepared a holiday show that is sure to restore some of the serenity lost in Christmas shopping and holiday traffic.

Lauritzen Gardens, located just east of 13th and Bancroft streets, has recently begun its Holiday Poinsettia Show. The show has an old-world feel to it, with a 21-foot Christmas tree decorated with ornaments that look like they are from Germany or Russia. Smaller trees throughout the Gardens are strung with cranberries and popcorn. Other plants in the exhibit include mistletoe, amaryllis and paper white narcissus.

Throughout the building, there are antique sleighs filled with gifts. Two of the sleighs came from an Amish community in Pennsylvania. Among the trees and sleds are wonderfully scented flowers, a pleasant reminder of nature in a barren winter landscape.

The most impressive part of the display is the 20-foot tall poinsettia tree in the main courtyard. Made of over 700 bright red poinsettias, the tree has a custom-drip irrigation system that provides it with water twice a week.

The Gardens is prepared to alleviate all holiday stresses in a number of ways. There is a quiet café at one end of the courtyard where you can relax with a cup of soup or a salad. The gift shop is filled with the scents and visions of tranquil gardens.

The Holiday Poinsettia Show will continue through Jan. 12. The Gardens are open daily from 9 a.m.-5 p.m. Admission is \$5 for adults and \$3 for children.

the morning-after,
the morning-after,
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Morrow, Nelson key men's Mav Classic

PAUL FREELAND
SENIOR STAFF WRITER

Additional polish might still be needed for the No. 24 Maverick men's basketball team, but their 2002-03 campaign got off to a 2-0 start with two wins in the Maverick Classic.

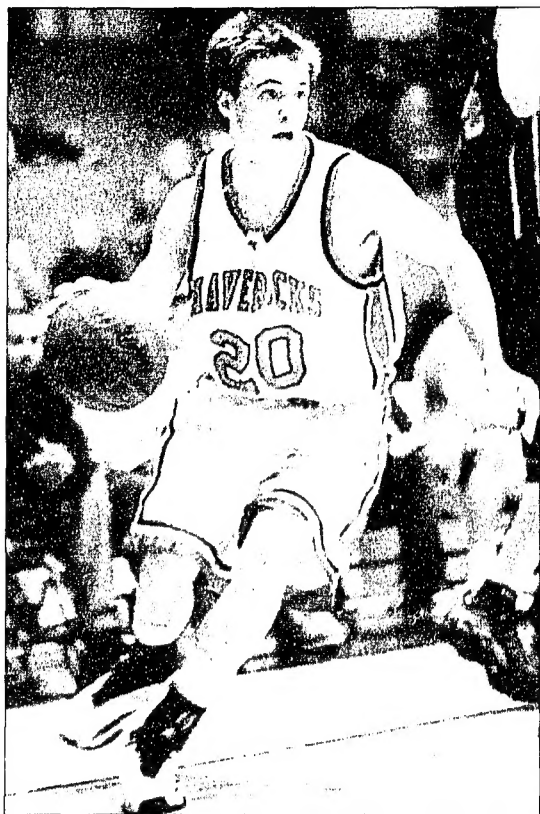
Dan Morrow scored a game-high 22 points in UNO's 79-58 win over the University of Mary (N.D.) on Friday. The Mavericks then won a meeting of NCAA Tournament participants with a 74-58 win over Rockhurst Saturday.

UNO opened the tournament against the University of Mary, an NAIA school coming off a 20-win season. The Marauders were able to stay within striking distance of the Mavs in the first half. They only trailed 42-38 going into halftime.

Morrow said the Mavericks' effort in the season opener was far from what they expected.

"We weren't really happy with our effort tonight," Morrow said. "We were sloppy in places. We have to put out more effort tomorrow against Rockhurst. We can play a lot better than we played tonight."

After halftime, the Mavs' shooting began to improve as they pulled away from the Marauders. UNO hit 12 of 22 shots (55 percent) in the second half, including six of 12 three-pointers. The Mavericks outscored Mary 37-24 in the second half to run out 79-58 winners.



UNO's Zac Robinson drives the ball down the court against the University of Mary in Friday's game. UNO beat the Marauders 79-58.

Morrow led the way for UNO with 22 points on eight of 12 shooting, including five of eight three-pointers, to go with eight rebounds and four assists. Micah Kohls had 11 points and seven rebounds, Tola Dada had 10 points and eight rebounds and Adam Wetzel had 10 points, six rebounds and three blocked shots. Ryan Curtis came off the bench to add five points and a game-high 12 rebounds.

Maverick Head Coach Kevin McKenna said he was less than pleased with UNO's overall performance.

"I think [Mary] are a solid team," McKenna said. "They're very athletic,

■ see KEY, page 11

Peterson leads team in Maverick Classic

PAUL FREELAND
SENIOR STAFF WRITER

Lisa Carlsen's women's basketball team was 2:53 away from sweeping its games at the Maverick Classic, but a late Emporia State comeback forced the Mavs to settle for a split.

Sara Peterson scored a game-high 30 points for UNO in the Mavericks' 105-68 win over Southern Colorado. The win set a new school record for points in a game. Emporia State rallied from a late five-point deficit, however, to beat UNO 78-76.

UNO got off to a quick start against the Thunderwolves, scoring the first nine points of the game and pulling ahead as far as 18-8. USC fought back to within 18-14, but the Mavericks went on a 17-2 run and did not look back. After the dust settled with Kara Paul's three-pointer with one second left in the half, the Mavericks had amassed a formidable 61-33 lead.

Peterson hit 11 of her 17 first-half shots as she had 25 halftime points to the Thunderwolves' 33. UNO continued the onslaught in the second half, building the lead as high as 46 points at 105-59 with 3:06 left in the game. The Mavericks failed to score after that point but still claimed 105-68.

Peterson had 30 points on 13-19 shooting and five rebounds for the Mavericks. The Mavs shot 56.3 percent as a team and 61.8 percent in the second half. Paul was the team's next highest scorer with 11 points along with six rebounds and three steals. Tanya Hammes had nine points and five rebounds for the Mavs, who improved to 2-1 with the win. J.J. Smith had eight points and five assists.

Emporia State kept its game with UNO much closer as the Mavs led by as many as five points at 28-23. The Mavericks had their biggest lead of the game at 57-50 following a three-pointer from Lindsey Peterson and a layup from Hammes and again at 72-67 with 2:53 left in the game.

Things began to fall apart for UNO soon afterward, though. Peterson picked up her fourth foul with 2:40 left and was ejected from the game after receiving a technical foul for slamming the



Kara Paul blocks a shot during last weekend's basketball tournament. The Mavs are 2-2.

ball down in frustration. The Hornets then gained seven unanswered points to pull ahead 74-72. A pair of free throws from Paul and a bucket from Hammes gave the Mavs a 76-74 lead. However, Nicole Patry scored a pair of layups, the last with one second left, to give Emporia State the win.

Hammes had 21 points for UNO and Paul had 20 points and eight rebounds. Peterson scored 17 points, grabbed seven rebounds and had two steals for the Mavs, who fell to 2-2 with the loss. Patry led ESU with 27 points.

Peterson and Paul were named to the all-tournament team along with Patry, Nadia Fercha of Southern Colorado and Heather Nelson and Mandy Koupal of South Dakota. Koupal was named the tournament MVP.

UNO will return to action today against Northwest Missouri State. The Mavericks and Bearcats will tip off at 7 p.m. at the Sapp Fieldhouse.

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Maverick sports notes

- David Brisson, co-captain of the Maverick hockey team, was named CCHA player of the week for scoring three goals and one assist in the Northern Michigan series.

- The other hockey co-captain, Greg Zanon, set a new school record with five points in the Saturday game against Merrimack. Zanon scored two goals and had three assists as UNO won 5-3.

- Lucas Brigman, Conor Riley, Ryan Krause and James E. Johnson all earned all-NCC honors for their play on the Maverick football team this season. Riley was named the most valuable offensive lineman.

- Buck Rasmussen and Taiwo Onatolu both earned second team defense all-conference honors. Troy Severson and Kevin Ruch were also named to the second team for special teams.

- UNO's softball team signed four players to letters of intent Nov. 25. Taren Tuley was a all-state selection in Kansas and holds a 0.53 career earned runs average. Another pitcher from Norris High School, Cheris Kuster, holds 14 school pitching records including a 0.78 ERA. Sara Sortino is out of seven-time state champion school Papillion-

La Vista. Sortino hit .500 in 2001 and .423 in 2002 and has a perfect fielding percentage in both years. Kellyn Kramolisch rounds out the recruiting class. Kramolisch is from Omaha Burke High School and hit .487 in 2002. She has earned 12 varsity letters, four each in softball, soccer and basketball.

- UNO hockey defenseman Chris Claffey is likely out for the season after getting his Achilles tendon cut in practice.

- Soccer forward Anne Willrett tore both ligaments in her knee in the Minnesota State-Mankato game for the NCC championship. She is out for the season, including the Final Four in Virginia Beach this weekend. Willrett was the team's second leading scorer.

- Chad Wallace was named NCC wrestler of the week for his performance at the Harold Nichols open. Wallace defeated three Division I opponents on his way to winning the 197-pound division.

- Jewelina Grennan was named to the NCC all-conference as well as the all-academic team. Grennan carries a 3.929 GPA in biology/pre-med. She also averaged 3.43 kills and 3.62 digs per game.

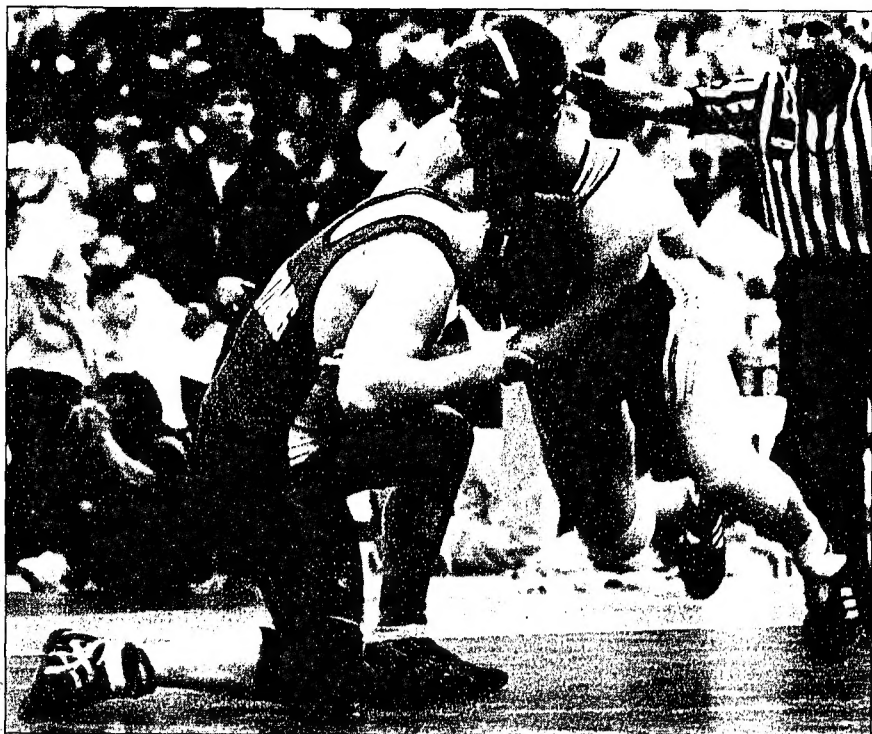


photo by Chris Mathan

UNO wrestler Blu Wahle takes down a wrestler from Wyoming during the Kauffman/Brand Open, held at UNO the weekend of Nov. 23.

Young wrestlers hold their own

J. PARKER ADAIR
SENIOR WRITER

This year's edition of the Kauffman/Brand Open at UNO's Sapp Fieldhouse proved to be just as exciting and momentous as its predecessors. The open also served as a hopeful launching pad for many young UNO wrestlers.

One of these wrestlers, Mitch Waite, a redshirt freshman, was featured in one of the most exciting and dramatic matches of the tournament. In the finals of the 133-pound, 20-and-under division, Waite wrestled former teammate and practice partner Todd Meneely of Iowa.

Meneely, having been a four-time state champion, and Waite, a two-timer, gave Omaha wrestling fans a match they've been anticipating for nearly four years.

Headed into the second period, the two seemed neck and neck, each knowing what the other would try, but Meneely snuck in and got a takedown that would prove to be the winner.

After the match, Waite had good things to say about Meneely and the difficulty of the match.

"It was so tough, because we've wrestled every day in practice," Waite said. "It's hard to get stuff going with someone you've trained with for four or five years."

At 197 in the open division, UNO's Chad

Wallace took second, losing 11-5 to Oklahoma State's Muhammed Lawal. Wallace dropped the NCAA championship to Lawal last year when Lawal wrestled for top-ranked Central Oklahoma.

The 125 20-and-under division saw UNO national qualifier Dan Hilario against the University of Nebraska-Lincoln's Matt Keller. Keller won with a major decision over the accomplished Hilario and took the tournament's Outstanding Wrestler award.

Possibly the best match for Maverick fans was a match at 165 between two true freshmen. UNO had both Steve Conlin, a Skutt graduate and Mark Ludlow, a Gross graduate, in the final. In a highly anticipated match, Ludlow won 9-1 and took the major decision over Conlin.

UNO next turns its attention to the Northern Iowa Open in Cedar Falls, Iowa, this Saturday before it returns to Nebraska to wrestle at the Kearney Open Dec. 14.

The Mavs look to the senior leadership of Roderick Ratcliff, Zach Stalder, Gaylon Taylor and Wallace to help them make a run at the national title.

They are currently ranked second behind defending national champion Central Oklahoma but a lot can be done between now and the NCAA Championships March 14-15 in Wheeling, W.V.

UNO swimmers win meet in South Dakota

ANDY SINCLAIR
SENIOR WRITER

The Maverick swimming and diving team finished first in the Jackrabbit Invitational Saturday at South Dakota State University and beat the Jackrabbits in a duel Friday, 136-69.

Katie Liebmann, a sophomore from Stoughton, Wis., paved the way for the Mavericks Saturday with three first-place victories. Liebmann captured the 1,000 freestyle (11:11.08), the 200 butterfly (2:16.08) and the 200 backstroke (2:16.44).

Sophomore Martina Zamecnik from Penticton, British Columbia, qualified for the NCAA Division II Nationals "B" cut in the 100 butterfly with a time of 59.71.

Tasha Soby provided another lift for UNO, winning the 200 individual medley (2:16.86) and the 50 freestyle (25.25).

On Friday, Zamecnik, Ali Petersen, Amy Percosky and Ashley Renshaw led the Mavericks, who are now 4-2 in duals this season, with a win in the 200 medley relay (1:57.46).

Renshaw, Petersen and Zamecnik also won individual freestyle events Friday for UNO. Renshaw won the 200 freestyle (2:01.43), Petersen captured the 50 freestyle (25.95) and Zamecnik took the 500 freestyle (5:44.01).

The Mavericks are next in action Dec. 6 and 7, when they host the Mutual of Omaha Invitational at UNO's HPER pool and Millard West High School.

Runners finish 16th in nationals debut

PAUL FREELAND
SENIOR STAFF WRITER

Three Maverick seniors closed out their collegiate cross country careers as UNO finished 16th in the team's first appearance at the NCAA Division II national meet.

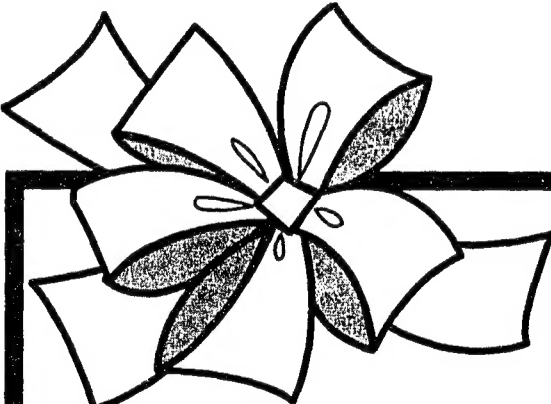
Michelle Ellingson paced UNO with a 39th place finish at the meet, held in Ashland, Ohio. She had a finishing in a time of 23:17.7. As a team, the Mavs were 16th with a score of 400, 21 points behind Wisconsin-Parkside and 21 ahead of California-San Diego. Western State (Colo.) won the team title with 43 points. Adams State was second with 46 points. Adams State's Amber Klein won the individual title with a time of 20:54.5.

North Central Conference member

South Dakota State finished seventh with 249 points. The Jackrabbits were paced by Sheena Dauer, who was 14th with a time of 22:31.3.

Bridget Stephenson was UNO's second-highest-placing runner, finishing in 77th with a time of 23:54.8. Darcy Preston was 87th at 24:05.0. Kellie Ryan had a time of 24:15.1 and Molly Miller finished in 24:20.6 as the Mavericks' other scored runners finished 96th and 101st, respectively. Sarah Zeisler and Deanna Bailey also competed for the Mavs. Zeisler was 132nd in a time of 24:47.0 and Bailey was 153rd in a time of 26:21.3.

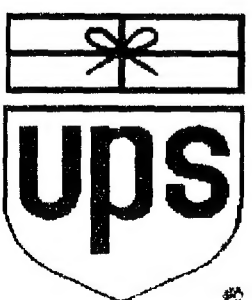
Ellingson, Stephenson and Preston all competed in their final meet for UNO as they, along with Sara Stricker, were the four seniors on the Mavs' roster.



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LET'S PADRE

Hockey team ends streak of home games on high note

BRIAN BRASHAW
SPORTS EDITOR

Greg Zanon set a school record Saturday night with two goals and three assists, giving him five points in the game as the UNO hockey team closed its six-game home stand with a 5-3 win over Merrimack.

UNO had to come from two goals down Friday to tie the Warriors 3-3. The Mavs erased a three-goal deficit Saturday.

"It would be nice to play with the lead for a change," Maverick Coach Mike Kemp said. "But it's a character builder. We've been preaching a way of playing and guys are starting to buy into it."

Coming back to win 5-3 after being down 3-0 was a huge lift for the Mavericks, considering they have been playing much better the last two weekends and had little to show for it until Saturday.

The last two weeks break down like this:

Friday, Nov. 22: Northern Michigan 2, UNO 1

Tarki shines, Mavs fall short

Tuomas Tarki got a surprise start in net for Northern Michigan after starting goaltender Craig Kowalski was sidelined for what Coach Walt Kyle described as "breaking a team rule."

Tarki stood tall, making 26 of 27 saves to preserve a 2-1 win for the Wildcats.

Coming in, Tarki said, "I was nervous. I was kind of worried — their first shot hit the post." But he settled down "after the first couple saves."

Aaron Smith nearly got the Mavericks on the board first as he rifled a wrister to the net. The goal horn sounded, the light went on and the puck went in Tarki's glove. The save spawned a counter that led to Northern's first goal by Mike Stutzel.

David Brisson tied the game for UNO in the second period, but Stutzel fed Bryce Cockburn for the game-winner in the third.



UNO's Andrew Wong and Northern Michigan's Jesse Baraniuk scramble for a loose puck in a game the weekend of Nov. 22.

Saturday, Nov. 23: UNO 5, Northern Michigan 4

Battle of the Backups

Kemp pulled Maverick starter Dan Ellis for the second game of the series which left Brian "Hollywood" Haaland to start for UNO and complete the battle of the backup goalies.

Haaland outlasted Tarki as UNO claimed a 5-4 split. Brisson and John Thomas each scored two goals for UNO and Andrew Wong had four assists.

UNO built a 5-2 lead before the game got ugly in the third period. The two teams racked up 46 minutes in penalties and Northern Michigan scored two goals to pull within one.

Haaland, however, closed the door on his way to 25 saves and his first win of the season.

Friday, Nov. 29: UNO 3, Merrimack 3

Comeback I of II, Still fighting

Coming into the game, Merrimack freshman Matt Johnson had scored just one goal. Johnson scored the first two goals Friday to give the Warriors a 2-0 lead early in the game.

Then a pair of Mavericks

registered their first goals of the year in the second period. Dan Hacker ice-picked a puck from the goal crease to the roof to score his first. Josh Weeks then earned his first collegiate goal to tie the game late in the period.

Merrimack again pulled ahead as Brendan Clark scored. Brisson tied the game again for UNO, ending the game.

UNO peppered Warrior goalie Joe Exter with 37 total shots, while holding Merrimack to 18, six in the overtime.

"Sometimes you just don't get rewarded for trying," Kemp said. "We're going through that right now. You know your day is going to come, you just don't know when."

Saturday, Nov. 30: UNO 5, Merrimack 3

Comeback II of II, Redemption

Again UNO found themselves behind the ball, falling behind 3-0 on Merrimack's first six shots of the game. Johnson scored two more goals for the Warriors and Brent Gough added another to put them up.

But then Zanon took it upon himself to bring the Mavericks back. He got the opportunity to lift the team

■see NOTE, page 11

Mav soccer nips Norse, advances to Final Four

PAUL FREELEND
SENIOR STAFF WRITER

Jessica Dotson's third goal of the year gave the third-ranked UNO soccer team a 1-0 win over No. 1 Northern Kentucky and sent the Mavs into the national semifinals.

NKU was seeking the program's fourth consecutive trip to the Final Four and the Norse kept the pressure on UNO early on, though clear-cut chances were few in number. NKU's Kristen Noakes put a shot off the crossbar in the 10th minute and Katie Hanck's free header from a corner kick went over the bar, but the top-ranked Norse could not force Mav goalkeeper Amy Price into a save.

Maverick Head Coach Don Klosterman said much of the credit for UNO absorbing NKU's pressure went to the defense.

"After those first 15 minutes, Northern Kentucky really came after us," Klosterman said. "A lot of credit has to go to our defense. They really kept us in the game at times."

Brytten Kraft and Stephanie Kruse each had shots saved before halftime as the Mavs began to gain more of the ball. The breakthrough for UNO came in the 65th minute as Dotson got the ball in midfield. The junior midfielder dribbled past two NKU players, split a pair of defenders and struck a right-footed drive into the upper-left corner of the net.

Dotson said the quality of NKU's defense forced her team to take the opportunities when they arose.

"I got through their defense and was able to get a shot in," Dotson said. "Northern Kentucky's defense was very good and didn't give us a lot of chances, so you have to shoot it when you have the opportunity."

Stephanie Sandfoss had a gilt-edged chance to level the match in the 71st minute. Sandfoss beat Price to the ball 25 yards from the goal, but the Norse forward's chip caught the wind, glanced off the right post and went wide of the open net.

NKU won a succession of free kicks and corner kicks in the final 15 minutes of the match, but each effort was cleared by the Maverick defense.

UNO advances to the national semifinals in Virginia Beach, Va., where the Mavs will play No. 4 Franklin Pierce University (13-0-2), 2-1 winners over Adelphi. No. 2 Christian Brothers (23-1) will play Metropolitan State (20-2-2) in the other semifinal. The Mavericks and Ravens will meet Friday at the Virginia Beach Sportsplex at 5 p.m. with CBU and Metro State to follow. The semifinal winners advance to Sunday's national final that will take place at 3 p.m.

Klosterman said his team's performance against the Norse was indicative of how far UNO had progressed in its four years as a program.

"I'm pretty proud of how far this team has come," Klosterman said. "Northern Kentucky beat us 4-0 the last time we came out here. I think they're the best team we've played all year. They play hard and fair and play a lot like us. They're a well-coached group and it's fun to come out and play teams of this caliber."

In a season of setting records, UNO's advancing to the semifinals set yet another. With their victory in the quarterfinals, the Mavericks became the first North Central Conference soccer team to advance as far as the semifinals.

Maverick players garnered additional honors Saturday as the National Soccer Coaches Association of America all-regional teams were announced. Four Mavericks were named to the Division II Central Region team while one was named to the second team.

Price, Meghan Pile, Stephanie Kirby and Kruse were named as first-teamers. Anne Willrett was UNO's lone second team honoree.

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from KEY, page 8

they drove the ball at the basket and they caused us some problems. I think we played better in practice and played better in our exhibitions, though. Our guys have shown me more than they did tonight."

Rockhurst entered its game against UNO with a 3-1 record after advancing to the final of their regional tournament last season. The Hawks soon found themselves in a hole, though. The Mavs' defense held the visitors to seven of 24 shooting in the first half and gave UNO a 39-25 halftime lead.

Nelson said the prospect of facing a fellow NCAA tournament participant made preparation for the game easier.

"It was a lot easier to get ready before this game," Nelson said. "It's kind of tough when you're going against an NAIA, but this team made the tournament last year and it was a goal for us to beat that team and get on the map again this year."

Rockhurst's shooting improved in the

second half, but the visitors failed to surmount the early deficit and fell 74-58.

Nelson led all scorers with 21 points. He also had four assists and four steals. Wetzel had 17 points and five blocks while Dada added nine points. Morrow had seven points and four assists. Calvin Kapels was the Mavs' leading rebounder with seven to go with six points.

McKenna said he was pleased with his team's improvement in their second game.

"Our effort was better tonight," McKenna said. "Rockhurst is a good, well-coached team. They threw some zone at us and tried to get us to stand around with the ball more, but for the most part I thought we did a good job of adjusting to that."

UNO (2-0) will travel to Emporia, Kan., to take part in the Emporia State tournament on Friday and Saturday. The Mavericks will play St. Mary's of Texas (2-2) and Mesa State (3-1). Both games will be played at 5:30 p.m.

from NOTE, page 10

on his shoulders late in the second period when UNO was presented with a 5-on-3 power play.

Zanon slapped UNO's first goal in from the blue line in time to allow the Mavericks to remain in the power play. Gus Grosbie then scored on the power play to pull UNO to 3-2 at the end of two.

Micah Sanford was then credited with his fourth goal of the year 3:13 into the third period. A Zanon shot hit off the goalie, off a defender and then hit Sanford in the chest and bounced in, never hitting

from OBESITY, page 5

anymore? I sincerely doubt the pimple-faced custodians of McDonald's have been force-feeding burgers and fries down these girls' throats over the past decade.

Most likely, these girls have been watching too much Judge Judy while sipping on their super-sized colas late at night and have miraculously learned of the amazing American judicial system and how you can sue anyone for anything as long as you can find a lawyer to handle the case.

If you are fat, you're fat because of the lifestyle you have led. Every day you have a chance to turn it around and reverse what's been done. I'm not saying it's easy — I know — it may very well be the hardest task you ever attempt to tackle. But it is doable.

I'm also aware that obesity is now

from MURDER, page 3

so terrified by this," Merkel said.

He said many others followed her lead.

Since detectives believed Dehghanpour's assailant was likely somebody she knew, they centered their investigation on the possibility that her killer was of Middle Eastern descent.

Personal belongings and papers were found near her body and investigators concluded that if she had been grabbed off the street, she would probably have dropped those items.

Within the first month of the investigation, detectives took fingerprints and hair samples of more than 100 UNO students from the Middle East. They compared the hair samples to hair that had been found at the crime scene. It turned out the hair they found belonged to Dehghanpour herself.

Though there were no clues and the investigation proceeded very slowly, Pottawattamie County Sheriff Lynn Ford

Sanford's stick.

Zanon got the game-winner 25 seconds later, slamming home a crease rebound. Sanford added another for good measure, showing off his stick work.

"It came to the point of somebody needing to step up," Zanon said. "That 5 on 3 was our best chance to get back and I kind of put the boys on my shoulders. We were going to take that game away from them."

UNO will face Lake Superior State this coming weekend. LSSU has yet to earn a conference win this season.

recognized as a disease. It's true for some — you're born with cursed body chemistry or a metabolism that just won't speed up. Some people have been overweight since they were a small child and will be overweight until the day they die. And for those, I offer my deepest sympathies. It's a difficult life and we ought to all think twice before snickering at the fat woman waddling down the sidewalk. It may not be her fault and even if it is, no human being worthy of breathing should make fun of or tease people at their expense.

But for those of you who have brought an extra 40 or so pounds upon yourself — stop bitching, stop suing and for God's sake, stop eating so much fast food. Don't you know that stuff can make you fat?

Josh Bashara can be contacted at manicdigression@gateway.unomaha.edu

told the *World-Herald* on Sept. 7, 1983: "I'm confident the case will be solved."

It never was. And neither was the mystery that surrounded the murder.

"How could this happen out of nowhere on a college campus?" was one of the central questions everyone asked, Merkel said.

Dehghanpour had been studying at UNO for four years. Her parents lived in Tehran, Iran, and her brother and sister lived in England.

A memorial service was held for her in the Student Center on Aug. 26, 1983.

Merkel said Dehghanpour was "a very beautiful, very nice young woman" who was one of the best students in his class even though English was her second language.

One of Dehghanpour's friends, Parandeh Kia, described her as peaceful, intelligent, brilliant and very popular.

"I'm still confused by it to this day," Merkel said.

Editorial cartoon by Steve Sack



from LIVE, page 3

know why.

Many people in states of hypoglycemia also find themselves craving sweets. To those who are unaware of the symptoms' causes, these cravings create a vicious cycle of blood sugar fluctuations. Consuming sweets makes the body secrete too much insulin, which drops blood sugar levels, causing a craving for sweets. Blood sugar levels dropping lower each time the cycle is repeated.

This continuous downward spiral shows the irony of hypoglycemia: low blood sugar is the problem but eating more sugar is not the answer.

Instead, experts recommend that hypoglycemic people avoid foods that have significant effects on blood sugar levels such as refined sugars or simple carbohydrates.

Complex carbohydrates, such as whole grains, take the body much longer to process. Over a period of time, the body slowly breaks them down into simple sugars. The result is a slower, steadier release of sugar into the blood, which is less likely to trigger the pancreas.

Hypoglycemic people must be vigilant in their diet. Dieticians recommend people who suffer from hypoglycemia eat several small meals evenly distributed throughout the day.

WARNING

Vehicle Break-Ins Are on the Rise!

Within the last several weeks there has been a significant increase in the number of cars being broke into in the Omaha area, including at UNO. Please observe the following precautions:

- Always lock your car doors.
- Do not leave any valuables in sight.
- If your car has a trunk release or fold down rear seats that can be locked, do so.
- If you have a removable car stereo or car stereo faceplate, be sure to take them in at night.
- Keep records of serial numbers for electronic devices installed in your car.
- Never leave a purse, wallet, checks or credit cards in your vehicle.
- Be observant when entering or leaving the parking lots and report any suspicious activity immediately to Campus Security at 554-2911. Code Blue phones are located in several parking lots on the North and South campus. You can use the phones to report suspicious activity.
- If your car has a security alarm, be sure to arm it.

Campus Security has increased both foot and vehicle patrols on both the North and South campus. If you have any questions or can provide further information contact

Campus Security at 554-2648.

You can also email at security@unomaha.edu

MBSA Activities

The Milo Bail Student Center is a Unit of Student Affairs



Tues., December 5th

7:30 am PPE Training
7:30 am Catholic Campus Ministry
9 am Take Pride
10 am Dramatic Arts
11:30 am Honors Program
12 noon Jazz Band
12 noon Catholic Campus Ministry
12 noon African American Organization
12 noon Quest
2 pm PPE Training
3 pm Orientation
3 pm Van Training
4 pm Student Health Advisory Council
4 pm Delta Epsilon Chi
5 pm Davis Banquet
6 pm Lutheran Campus Ministries
6 pm Alpha Xi Delta

6:30 pm Christ on Campus
7:30 pm Lambda Theta Nu
8 pm Circle K

Wed., December 4th

7 am Morning Prayer
7:30 am PPE Training
8 am Goodrich Student Org.
9:30 am Student Affairs Professional Staff
10 am MPA Committee
11 am Emerging Leaders Interviews
12 noon Chapter Summary Bible Study
12 noon ALAS
12 noon Feminist Majority Leadership Alliance
12:30 pm Air Force ROTC
2 pm PPE Training
3 pm NPHC
5:30 pm Omicron Delta Kappa
6 pm Delta Sigma Theta
6:30 pm Omicron Delta Kappa

7 pm Parenting Students

Thurs., December 5th

7 am Advent Breakfast
8:30 am PPE Training
9 am Larry Morgan's Staff Meeting
10 am Van Training
10 am Consider This . . .
11 am Quest
11 am Student Programming
11:30 am Student Social Work
2 pm Flocken Retirement Party
3 pm Orientation
3 pm Panhellenic
3 pm Delta Sigma Pi
3 pm Theta Chi
5 pm Student Marketing
6 pm Delta Sigma Pi
6 pm College Republicans
7 pm Student Government

7 pm Kwanzaa Celebration

Fri., December 6th

7 am MSP Meeting
11 am Emerging Leaders Interviews
12 noon Alcoholics Anonymous
12 noon Vice Chancellor's Leadership Council
12 noon Interfraternity Council
1 pm Student Orientation Leaders
2 pm Judicial Board
2 pm Who's Who Reception
3 pm Welfare to Work
5 pm Sigma Iota Rho
6:30 pm Christ on Campus

Sat., December 7th

8 am Orientation
7 pm Midwest Maintenance

Sun., December 8th

2 pm Pi Kappa Alpha
2 pm Zeta Tau Alpha
2 pm Sigma Kappa
5 pm Sigma Lambda Beta
5 pm Pi Kappa Alpha
6 pm Theta Chi
6 pm Zeta Phi Beta

Mon., December 9th

7 am MSP Meeting
11:30 am Student Services Administration
12 noon A.A.
12 noon Jazz Band
12 noon United Christian Ministry
2 pm UNO Graduate Council
4 pm Chi Omega
5 pm Psi Chi Induction
9 pm Pi Kappa Alpha

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